

CANADA**Halifax, Nova Scotia (MCTS)****Position:** 44°28'21"N 063°37'13"W**Call Sign:** VCS**METAREA:** IV**Area Covered:** Arctic coast, Atlantic Coast and S. Lawrence River

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
RT (MF)	A	2 749 kHz		Chebogue	44°28'N 63°37'W	H24
RT (MF)	B	2 749 kHz		Sambro	44°28'N 63°37'W	H24
VHF	C	Ch 21B		Sambro	45°20'N 61°05'W	H24
VHF	D	Ch 83B		Fox Islands	44°58'N 62°09'W	H24
VHF	E	Ch 83B		Ecum Secum	44°58'N 62°09'W	H24
VHF	F	Ch 21B		Saint John, N.B. (Red Head)	45°14'N 65°59'W	H24
VHF	G	Ch 83B		Cape Blomidon	45°14'N 64°24'W	H24
VHF	H	Ch 83B		Chebogue	44°28'N 63°37'W	H24

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0140	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 201 to 208. U.S. weather forecasts for Coastal Waters (Eastport to Schoodic Point, Maine) and Offshore Waters (Gulf of Maine to the Hague Line). Notices to Shipping in areas Bay of Fundy, South and West Coast Nova Scotia.	English followed by French)
0240	B	Technical marine synopsis, forecasts and wave height forecasts for marine areas 203 to 214. Notices to Shipping in South Coast Nova Scotia area. Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.	
0810	B	Technical marine synopsis, forecasts and wave height forecasts for marine areas 203 to 214. Notices to Fish Harvesters (when available).	
1040	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 201 to 208. U.S. weather forecasts for Coastal Waters (Eastport to Schoodic Point, Maine) and Offshore Water (Gulf of Maine to the Hague Line). Notices to Fish Harvesters (when available).	English followed by French)
1540	B	Technical marine synopsis, forecasts and wave height forecasts for marine areas 203 to 214. Notices to Shipping in South Coast Nova Scotia area. Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.	
16:40	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 201 to 208. U.S. weather forecasts for Coastal Waters (Eastport to Schoodic Point, Maine) and Offshore Waters (Gulf of Maine to the Hague Line). Notices to Shipping for areas Bay of Fundy, South and West Coast Nova Scotia.	English followed by French)
2040	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 201 to 208. U.S. weather forecasts for Coastal Waters (Eastport to Schoodic Point, Maine) and Offshore Waters (Gulf of Maine to the Hague Line). Notices to Fish Harvesters (when available).	English followed by French)
2120	B	Technical marine synopsis, forecasts and wave height forecasts for marine areas 203 to 214. Notices to Fish Harvesters (when available).	
Continuous	G,H	Point, Maine) and Offshore Waters (Gulf of Maine to the Hague Line). Notices to Shipping for areas Bay of Fundy, South and West Coast Nova Scotia.	
Continuous	F	Technical marine synopsis, forecasts and wave height forecasts for marine areas 201 to 208. U.S. weather forecasts for Coastal Waters (Eastport to Schoodic	(English followed by French)

CANADA

Continuous

C,D,E

Technical marine synopsis, forecasts and wave height forecasts for marine areas 203 to 214.
Notices to Shipping in South Coast Nova Scotia area.
Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.
Notices to Fish Harvesters (when available).

CANADA**Iqaluit, Nunavut (MCTS)****Position:** 63°43'52"N 068°32'32"W**Call Sign:** VFF**METAREA:** XVII, XVIII**Area Covered:** Arctic coast, Atlantic Coast and S. Lawrence River

24-hour watch

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
RT (MF)	A	4 363 kHz		Cambridge Bay	69°07'N 105°01'W	
RT (MF)	B	2 514 kHz		Coral Harbour	64°09'N 83°22'W	
RT (MF)	C	6 507 kHz		Coral Harbour	64°09'N 83°22'W	
RT (MF)	D	4 363 kHz		Hay River	60°50'N 115°46'W	
RT (MF)	E	5 803 kHz		Inuvik	68°19'N 133°35'W	
RT (MF)	F	6 218.6 kHz		Inuvik	68°19'N 133°35'W	
RT (MF)	G	2 582 kHz		Iqaluit	63°44'N 68°32'W	
RT (MF)	H	4 363 kHz		Iqaluit	63°44'N 68°32'W	
RT (MF)	I	6 507 kHz		Iqaluit	63°44'N 68°32'W	
RT (MF)	J	2 514 kHz		Killinek	60°25'N 64°50'W	
RT (MF)	K	2 582 kHz		Resolute	74°44'N 95°00'W	
RT (MF)	L	4 363 kHz		Resolute	74°44'N 95°00'W	
VHF	M	Ch26		Parson's Lake and Enterprise	68°53'N 133°56'W	
VHF	N	Ch85		Yellowknife	62°25'N 114°24'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0110	B,C	Technical marine synopsis and forecasts for marine areas 155, 156, 157, 158, 162, 163, 311 and 312. Following areas on request: 151, 152, 153, 154, 159, 160, 161, 164nd 310. Notices to Shipping "Series A" for all NORDREG waters east of 106W and along the Labrador coast southward to 58N, including Hudson Strait, Hudson Bay, Ungava Bay, Foxe Basin, James Bay and Chesterfield Inlet to Baker Lake.	
0115	D,E,M,N	Technical marine synopsis for Western Arctic waters (if applicable for Mackenzie River and Great Slave Lake area). Marine forecast for Great Slave Lake (Area 180). Marine forecast for Mackenzie River (Area 110) and Mackenzie Delta ODAS Weather Buoys 45141 and 45150. Notices to Shipping (H-Series).	
0235	A,F	Technical marine synopsis for Western Arctic waters. Forecasts for marine areas 111 to 122 inclusive. Notices to Shipping "Series A" for all NORDREG waters west of Taloyoak.	
1240	K,L	Technical marine synopsis and forecasts for marine areas 125, 135, 136, 137 and 138. Notices to Shipping "A Series" for all NORDREG waters bound by Shipping Safety Control Zones 1, 2, 3, 5, 6, 9 and 13.	
1315	D,E,M,N	Technical marine synopsis for Western Arctic waters (if applicable for Mackenzie River and Great Slave Lake area). Marine forecast for Great Slave Lake (Area 180). Marine forecast for Mackenzie River (Area 110) and Mackenzie Delta ODAS Weather Buoys 45141 and 45150. Notices to Shipping (H-Series).	
1320	B,C	Technical marine synopsis and forecasts for marine areas 155, 156, 157, 158, 162, 163, 311 and 312.Following marine areas on request: 151, 152, 153, 154, 159, 160, 161, 164 and 310.Notices to Shipping "A Series" for all NORDREG waters east of 106W and along the Labrador coast southward to 58N, including Hudson Strait, Hudson Bay, Ungava Bay, Foxe Basin, James Bay and Chesterfield Inlet to Baker Lake.	
1410	J,G,H,I	Technical marine synopsis and forecasts for areas: 139 to 150 and 228, 229 and 230. Following marine areas on request: 137 and 138.Notices to Shipping "A Series" for all NORDREG waters east of 106W and along the Labrador coast southward to 58N bound by Shipping Safety Control Zones 9, 10 and 15, including Ungava Bay.	
1435	A,F	Technical marine synopsis for Western Arctic waters. Forecasts for marine areas 111 to 122 inclusive. Notices to Shipping "A Series" for all NORDREG waters west of Taloyoak.	
1705	A,B,F,G,J,H,K,L	Ice boundary information. Ice forecasts for marine areas 111 to 122 and 125, 135, 136, 137, 138, 139, 140, 141, 142, 144, 145, 146, 147, 148, 149, 150, 155, 156, 157, 158, 162, 163, 228, 229, 230, 311 and 312 for Hudson Bay and Foxe Basin.	
2235	H,I,J,K	Technical marine synopsis and forecasts for marine areas 139 to 150 and 228, 229 and 230. Following marine areas on request: 137 and 138. Notices to Shipping "A Series" for all NORDREG waters east of 106W and along the Labrador coast southward to 58N bound by Shipping Safety Control Zones 9, 10 and 15, including Ungava Bay.	

CANADA

2310

K,L

Technical marine synopsis and forecasts for marine areas 125, 135, 136, 137 and 138.
Notices to Shipping "A Series" for all NORDREG waters bound by Shipping Safety
Control Zones 1, 2, 3, 5, 6, 9 and 13.

CANADA**Labrador, (Goose Bay), Newfoundland and Labrador (MCTS)****Position:** 49°41'10"N 054°48'00"W**Call Sign:** VOK**METAREA:** IV**Area Covered:** North Atlantic to Barents Sea - Arctic coast, Atlantic Coast and S. Lawrence River

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
RT (MF)	A	2 598 kHz		St. Anthony (Newfoundland)	51°30'N 55°49'W	
RT (MF)	B	2 598 kHz		Cartwright	53°42'N 57°01'W	
RT (MF)	C	2 598 kHz		Hopedale	55°27'N 60°12'W	
VHF	D	Ch83B		Cartwright	53°43'N 56°58'W	
VHF	E	Ch21B		Comfort Cove	49°16'N 54°52'W	
VHF	F	Ch21B		Conche (Newfoundland)	50°53'N 55°53'W	
VHF	G	Ch21B		Goose Bay	53°18'N 60°31'W	
VHF	H	Ch21B		Hopedale	55°27'N 60°12'W	
VHF	I	Ch83B		L'Anse aux Meadows	51°34'N 55°29'W	
VHF	J	Ch83B		Nain	56°32'N 61°42'W	
VHF	K	Ch83B		Twillingate	49°41'N 54°48'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0107	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238. Ice conditions and forecast for the East Coast of Newfoundland, and the Labrador Coast, south of 54N. Iceberg Bulletin: Newfoundland Coast and Strait of Belle Isle.	
0137	B,C	Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238. Ice Edge and Conditions for Labrador Coast.	
0907	A	Technical marine synopsis and forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238. Ice conditions and forecast for the East Coast of Newfoundland and the Labrador Coast, south of 54N. Iceberg Bulletin: Newfoundland East Coast and Strait of Belle Isle.	
1007	B,C	Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238. Ice conditions and forecast for Labrador Coast.	
1107	B,C	Notices to Shipping: Nearshore (Belle Isle to Cape Chidley), Offshore (North Atlantic, Cape Bauld to Cape Chidley). Notices To Fish Harvesters (when available).	
1237	A	Notices to Shipping for an area bounded by Flower's Cove to the west, Cartwright to the north and Cape Freels to the southeast. Notices to Fish Harvesters (when available).	
1337	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238.	
1437	B,C	Technical marine synopsis and forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238. Ice conditions and forecast for Labrador Coast.	
1907	A	Notices to Shipping for an area bounded by Flower's Cove to the west, Cartwright to the north and Cape Freels to the southeast. Ice conditions and forecast for the East Coast of Newfoundland, and the Labrador Coast, south of 54N. Iceberg Bulletin: Newfoundland East Coast and Strait of Belle-Isle. Notices to Fish Harvesters (when available).	
1937	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238.	
2037	B,C	Technical marine synopsis and forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238. Ice Edge and Conditions for Labrador Coast. Notices to Fish Harvesters (when available).	
2307	B,C	Notices to Shipping: Nearshore (Belle Isle to Cape Chidley), Offshore (North Atlantic, Cape Bauld to Cape Chidley).	

CANADA

Continuous (Labrador North)

D,G,H,J

Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238.
Ice Edge and Conditions for Labrador Coast.
Notices to Shipping: Belle Isle to Cape Chidley.
Notices to Fish Harvesters (when available).

Continuous (Labrador South)

E,F,I,K,L

Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 235, 237 and 238.
Notices to Shipping for an area bounded by Flower's Cove to the west, Cartwright to the north and Cape Freels to the southeast.
Ice conditions and forecast for the East Coast of Newfoundland, and the Labrador Coast, south of 54N.
Iceberg Bulletin: Newfoundland East Coast and Strait of Belle Isle.
Notices to Fish Harvesters (when available).

CANADA**Les Escoumins, Québec (MCTS)****Position:** 50°30'00"N 059°29'17"W**Call Sign:** VCF**METAREA:** IV**Area Covered:** Arctic coast, Atlantic Coast and S. Lawrence River

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
	A	2 749 kHz		La Vernière	47°21'N 061°55'W	
	B	2 598 kHz		Natashquan		
VHF	C	Ch 21B		Cap à l'Est		
VHF	D	Ch 21B		Cap-aux-Meules		
VHF	E	Ch 21B		Carleton	48°08'N 66°06'W	
VHF	F	Ch 21B		Forillon	48°50'N 64°15'W	
VHF	G	Ch 21B		Grosses-Roches	48°55'N 67°06'W	
VHF	I	Ch 21B		Lac Daigle	50°17'N 66°18'W	
VHF	J	Ch 21B		Natashquan	50°09'N 61°47'W	
VHF	K	Ch 25B		Harrington Harbour	50°30'N 59°29'W	
VHF	L	Ch 25B		Heath Point	49°05'N 61°42'W	
VHF	M	Ch 83B		Havre St-Pierre	50°16'N 63°40'W	
VHF	N	Ch 83B		La Romaine	50°13'N 60°41'W	
VHF	O	Ch 83B		Mont-Joli	48°36'N 68°13'W	
VHF	Q	Ch 83B		Mont-Louis	49°12'N 65°46'W	
VHF	R	Ch 83B		Newport	48°13'N 64°47'W	
VHF	S	Ch 83B		Sacré-Cœur	48°13'N 69°52'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0437	A,B	Technical marine synopsis and forecasts for marine areas 215 to 221 and 301 to 302. Wave height forecasts for marine areas 215, 217, 219, 220, 221, 301 and 302. Notices to Fish Harvesters (when available).	
0847	A,B	Technical marine synopsis and forecasts for marine areas 215 to 221 and 301 to 302. Wave height forecasts for marine areas 215, 217, 219, 220, 221, and 301 to 302.	
0937	A,B	Notices to Shipping. Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel. Notice to Fish Harvesters (when available). Ice Information.	
1407	A,B	Technical marine synopsis and forecast for marine areas 215 2749J3E to 221 and 301 to 302. Wave height forecast for marine areas 215, 217, 219, 220, 221, and 301 to 302.	
1737	A,B	Notices to Fish Harvesters (when available). Ice Reports. Notices to Shipping. Notices to Shipping revising the position of every reported offshore exploration and operation vessel.	
2317	A,B	Technical marine synopsis and forecasts for marine areas 215 to 221, 301 and 302. Wave height forecast for marine areas 215, 217, 219, 220, 221, 301 and 302. Notice to Fish Harvesters (when available).	
Continuous	C,G,I O,Q,S	Forecasts for marine areas 219, 301, 302, 303, 304, 305 and 313. Notices to Shipping for the Saguenay River and the St. Lawrence River from Île aux Coudres to a line from Mingan to Cap Gaspé including Port Menier and the western point of Anticosti Island. Ice information for the Saguenay River and the St. Lawrence River from Île aux Coudres to Cabot and Belle-Isle straits.(when available). Notices to Fish Harvesters (when available).	
Continuous	D,E,F,J K,L M,N,R	Forecasts for marine areas 215, 216, 217, 218, 219, 220, 221, 301 and 302. Notices to Shipping for the Gulf of St. Lawrence including the Magdalene Islands, the coast between Sept-Îles and Blanc Sablon, the southern shore of 66W eastward including the Baie des Chaleurs up to Miramichi beach. Ice Reports. Notices to Fish Harvesters (when available). Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel. Wave height forecasts for marine areas 215, 217, 219, 220, 221, 301 and 302.	

Note:

Hourly weather observations for certain specific locations, technical marine synopsis, other weather forecast areas and MAFOR codes are available upon request.

CANADA**Placentia, Newfoundland and Labrador (MCTS)****Position:** 47°36'40"N 052°40'01"W**Call Sign:** VCP**METAREA:** IV**Area Covered:** Arctic coast, Atlantic Coast and S. Lawrence River

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
RT (MF)	A	2 598 kHz		St. John's	47°36'N 52°40'W	
RT (MF)	B	2 598 kHz		St. Lawrence	46°55'N 55°22'W	
VHF	C	Ch 21B		Bay L'Argent (Placentia South)	47°32'N 54°51'W	
VHF	D	Ch 21B		Cape Bonavista (Placentia North)	48°41'N 53°05'W	
VHF	E	Ch 21B		St. John's (Placentia North)	47°36'N 52°40'W	
VHF	F	Ch 21B		St. Lawrence (Placentia South)	46°55'N 55°22'W	
VHF	G	Ch 23B		Freshwater (Placentia South)	47°15'N 53°59'W	
VHF	H	Ch 28B		Hermitage (Placentia South)	47°33'N 55°56'W	
VHF	I	Ch 28B		Lumsden (Placentia North)	49°17'N 53°35'W	
VHF	J	Ch 83B		Cape Pine (Placentia South)	46°37'N 53°32'W	
VHF	K	Ch 83B		Fortune Head (Placentia South)	47°04'N 55°51'W	
VHF	L	Ch 83B		Victoria (Placentia North)	47°50'N 53°18'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0007	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Ice Edge and Conditions East Newfoundland Coast south of Strait of Belle Isle and approaches.	
0048	B	Technical marine synopsis, forecasts and wave height forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Weather and Wave height forecasts for marine area 213.	
0737	B	Technical marine synopsis and forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Weather forecasts for marine area 213. Ice Edge and Conditions South Coast east of Penguin Island, East Coast to Cape Freels. Notices to Fish Harvesters (when available).	
0837	A	Technical marine synopsis and forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Ice Edge and Conditions East Newfoundland Coast south of Strait of Belle Isle and approaches. Notices to Fish Harvesters (when available).	
1137	B	Notices to Shipping Ramea Island to Cape Ballard. Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.	
1307	A	Notice to Shipping: Nearshore (Cape Pine to Twillingate), Offshore (North Atlantic to Cape Bauld). Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.	
1607	B	Technical marine synopsis forecasts and wave height forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Weather and Wave height forecasts for marine area 213.	
1637	A	Technical marine synopsis, forecasts and wave height forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Ice Edge and Conditions East Newfoundland Coast south of Strait of Belle Isle and approaches.	
1807	B	Notices to Shipping Ramea Island to Cape Ballard. Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.	
2007	A	Technical marine synopsis and forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Ice Edge and Conditions East Newfoundland Coast south of Strait of Belle Isle and approaches.	
2137	B	Technical marine synopsis and forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Weather forecasts for marine area 213. Ice Edge and Conditions South Coast east of Penguin Island, East Coast to Cape Freels. Notices to Fish Harvesters (when available).	

CANADA

2207

A

Notices to Shipping: Nearshore (Cape Pine to Twillingate), Offshore (North Atlantic to Cape Bauld).
Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.
Notices to Fish Harvesters (when available).

Continuous

**C,F,
G,
H,
J,K**

Technical marine synopsis, forecasts and wave height forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238.
Weather and wave height forecasts for marine area 213.
Ice Edge and Conditions South Coast east of Penguin Island, East Coast to Cape Freels.
Notices to Shipping Ramea Island to Cape Ballard.
Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.
Notices to Fish Harvesters (when available).
Notices to Shipping Placentia Bay and Approaches, Ferryland Head to Cape St. Mary's on Ch23B only.

Continuous

D,E,I,L

Technical marine synopsis, forecasts and wave height forecasts for marine areas 231, 232, 233, 234, 235, 236, 237 and 238. Ice Edge and Conditions East Newfoundland Coast south of Strait of Belle Isle and approaches.
Notices to Shipping Cape Pine to Twillingate.
Notices to Fish Harvesters (when available).

CANADA**Port aux Basques, Newfoundland and Labrador (MCTS)****Position:** 50°41'59"N 057°24'19"W**Call Sign:** VOJ**METAREA:** IV**Area Covered:** Arctic coast, Atlantic Coast and S. Lawrence River

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
RT (MF)	A	2 598 kHz		Stephenville	48°33'N 58°45'W	
VHF	B	Ch 21B		Bonne Bay	49°36'N 57°57'W	
VHF	C	Ch 21B		Pointe Riche	50°42'N 57°24'W	
VHF	D	Ch 21B		Ramea Island	47°30'N 57°24'W	
VHF	E	Ch 23B		Pointe Riche	50°42'N 57°24'W	
VHF	F	Ch 28B		Mount Moriah	48°58'N 58°02'W	
VHF	G	Ch 28B		Pine Tree	48°35'N 58°40'W	
VHF	H	Ch 28B		Table Mountain	49°36'N 57°57'W	
VHF	I	Ch 83B		Bonne Bay	49°36'N 57°57'W	
VHF	J	Ch 83B		Mount Moriah	48°58'N 58°02'W	
VHF	K	Ch 83B		Pine Tree	48°35'N 58°40'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0207	A	Technical marine synopsis, forecasts and wave height forecast for marine areas 220, 221, 222 and 231. Weather forecast and wave height forecast for marine areas 215, 217 and 219.	English followed by French
0807	A	Technical marine synopsis and forecasts for marine areas 220, 221, 222 and 231. Weather forecast for marine areas 215, 217 and 219. Ice Edge and Conditions for marine areas Northeast Gulf, Gulf Port au Port, Southwest Coast, Cabot Strait, Gulf-Magdalen and Anticosti.	English followed by French
1207	A	Notices to shipping from Penguin Island to Cape Norman including Labrador Coast between West Point (Red Bay) and the Québec/Labrador border. Notices to Fish Harvesters (when available).	English followed by French
1507	A	Technical marine synopsis, forecasts and wave height forecast for marine areas 220, 221, 222 and 231. Weather forecast and wave height forecast for marine areas 215, 217 and 219.	English followed by French
1837	A	Notices to Shipping from Penguin Island to Cape Norman including Labrador Coast between West Point (Red Bay) and the Québec/Labrador border. Ice Edge and Conditions for marine areas: Northeast Gulf, Gulf Port au Port, Southwest Coast, Cabot Strait, Gulf-Magdalen and Anticosti.	English followed by French
2107	A	Technical marine synopsis and forecasts for marine areas 220, 221, 222 and 231. Weather forecast for marine areas 215, 217 and 219. Notices to Fish Harvesters (when available).	English followed by French
Continuous	B,E J,K	Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, and 231. Weather forecast and wave height forecast for marine areas 215, 217 and 219. Notices to Shipping from Penguin Island to Cape Norman including Labrador between West Point (Red Bay) and the Québec/Labrador border. Ice Edge and Conditions for marine areas: Northeast Gulf, Gulf Port au Port, Southwest Coast, Cabot Strait, Gulf-Magdalen and Anticosti. Notices to Fish Harvesters (when available).	French
Continuous	C,D F,G,H I	Technical marine synopsis, forecasts and wave height forecasts for marine areas 220, 221, 222, and 231. Weather forecast and wave height forecast for marine areas 215, 217 and 219. Notices to Shipping from Penguin Island to Cape Norman including Labrador between West Point (Red Bay) and the Québec/Labrador border. Ice Edge and Conditions for marine areas Northeast Gulf, Gulf Port au Port, Southwest Coast, Cabot Strait, Gulf-Magdalen and Anticosti. Notices to Fish Harvester (when available).	English

CANADA**Prescott, Ontario (MCTS)****Position:** 44°47'17"N 075°25'19"W**Call Sign:** VBR**METAREA:** IV**Area Covered:** Great Lakes

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
VHF	A	Ch 21B		Cardinal	44°47'N 75°25'W	
VHF	B	Ch 21B		Coburg	44°04'N 78°12'W	
VHF	C	Ch 21B		Orillia	44°34'N 79°17'W	
VHF	D	Ch 23B		Cornwall	45°01'N 74°43'W	
VHF	E	Ch 23B		Kingston	44°15'N 76°40'W	
VHF	F	Ch 28B		Cardinal	44°47'N 75°25'W	
VHF	G	Ch 83B		Cornwall	45°01'N 74°43'W	
VHF	H	Ch 83B		Fonthill	43°03'N 79°18'W	
VHF	I	Ch 83B		Kingston	44°15'N 76°40'W	
VHF	J	Ch 26		Jackhead	51°53'N 97°19'W	Operational May 15 to October
VHF	K	Ch 26		Long Point	52°55'N 98°58'W	Operational May 15 to October
VHF	L	Ch 26		Beaver Creek	51°23'N 96°54'W	Operational May 15 to October
VHF	M	Ch19		Fraserwood	50°34'N 97°14'W	Operational May 15 to October

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0140, 0840, 1240, 1640, 2140	J-M	Localized weather warnings/watches, marine weather statements, regular marine forecasts, and extended marine forecasts for Lake Winnipeg. Notices to Shipping for Lake Winnipeg, Playgreen Lake and Red River north of St. Andrews Lock and Dam.	
Continuous	C	Localized weather warnings/watches, marine weather statements, technical marine synopsis, regular marine forecasts, wave height forecast and extended marine forecasts for Georgian Bay (Area 406). Recreational Boating Forecast for Lake Simcoe (Area 481). Water level readings for Lake Huron. Notices to Shipping for the Trent Severn waterway, and southern Georgian Bay contiguous from the Severn River to 080 00W. Ice forecast for Georgian Bay.	English
Continuous	D,E,F	Localized weather warnings/watches, marine weather statements, technical marine synopsis, regular marine forecasts and extended marine forecasts for St. Lawrence River from Kingston to Montréal (Areas: 309 and 401). Notices to Shipping in the St. Lawrence River west of Melocheville. Water level readings for Montréal Harbour. Operational March 15 to December 31.	French
Continuous CMB East	A,G,I	Localized weather warnings/watches, marine weather statements, technical marine synopsis, regular marine forecasts, wave height forecast and extended marine forecasts for St. Lawrence River from Kingston to Montréal and Lake Ontario (Areas: 309, 401 and 402). Notices to Shipping in St. Lawrence River west of Melocheville, Lake Ontario east of 77 40W, Trent River and portions of the Rideau Canal receiving coverage from the Kingston facilities. Water level readings from Montréal Harbour, and Lake Ontario. Ice forecast for Lake Ontario.	English
Continuous CMB West	B,H	Localized weather warnings/watches, marine weather statements, technical marine synopsis, regular marine forecasts, wave height forecast and extended marine forecasts for Lake Ontario and Lake Erie (Areas 402 and 403). Notices to Shipping in Lake Ontario west of 077 00W and Lake Erie east of 080 20W and portions of the Trent-Severn waterway system receiving coverage from the Cobourg facilities. Water level readings for Toronto Harbour, Lake Ontario and Lake Erie. Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel. Ice forecast for Lake Ontario and Lake Erie.	English

NOTE: MAFOR Code available upon request.

CANADA**Prince Rupert, British Columbia (MCTS)****Position:** 48°57'34"N 125°29'30"W**Call Sign:** VAJ**METAREA:** XII**Area Covered:** Coastal waters of western Canada - East Pacific Coast

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
RT (MF)	A	2 054 kHz		Amphitrite Point	48°55'N 125°32'W	
RT (MF)	B	2 054 kHz		Digby Island	54°18'N 130°25'W	
RT (MF)	C	2 054 kHz		Hunter Point	53°15'N 132°43'W	
VHF	D	Ch 21B		Esperanza	49°50'N 126°48'W	
VHF	E	Ch 21B		Holberg	50°38'N 128°07'W	
VHF	F	Ch 21B		Kitimat	54°03'N 128°38'W	
VHF	G	Ch 21B		Mount Dent	55°13'N 129°59'W	
VHF	H	Ch 21B		Mount Hays	54°17'N 130°18'W	
VHF	I	Ch 21B		Mount Ozzard	48°57'N 125°29'W	
VHF	J	Ch 21B		Rose Inlet	52°13'N 131°13'W	
VHF	K	WX1		Eliza Dome	49°52'N 127°07'W	
VHF	L	WX1		Klemtu	52°34'N 128°33'W	
VHF	M	WX1		Van Inlet	53°15'N 132°32'W	
VHF	N	WX2		Barry Inlet	52°34'N 131°45'W	
VHF	O	WX2		Calvert Island	51°35'N 128°00'W	
VHF	P	WX2		Dundas Island	54°31'N 130°55'W	
VHF	Q	WX2		Mount Gil	53°15'N 129°11'W	
VHF	R	WX2		Port Alberni	49°13'N 124°48'W	
VHF	S	WX3		Cumshewa	53°09'N 131°59'W	
VHF	T	WX3		Estevan Point	49°23'N 126°32'W	
VHF	U	WX3		Naden Harbour	53°57'N 132°56'W	
VHF	V	WX2		Nootka	49°35'N 126°37'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0450, 1650	A	Technical marine synopsis and marine forecast 1, 5, 6, 7. Wave height forecast areas 1, 5, 6, 7. Extended marine forecast areas 1, 5, 6, 7. Ocean Buoy Reports: South Nomad, South Brooks, La Perouse Bank, East Dellwood. All Notices to Shipping.	
0515, 1715	B,C	Technical marine synopsis and marine forecast areas 2, 3, 4. Wave height forecast areas 2, 3, 4. Extended marine forecast areas 2, 3, 4. Ocean Buoy Reports: North Nomad, Middle Nomad, West Dixon Entrance, West Moresby, South Moresby. All Notices to Shipping.	
1050, 2250	A	Technical marine synopsis and marine forecast areas 1, 5, 6, 7. Wave height forecast areas 1, 5, 6, 7. Extended marine forecast areas 1, 5, 6, 7. Ocean Buoy Reports: South Nomad, South Brooks, La Perouse Bank, East Dellwood. All Notices to Shipping.	
1115, 2315	B,C	Technical marine synopsis and marine forecast areas 2, 3, 4. Wave height forecast areas 2, 3, 4. Extended marine forecast areas 2, 3, 4. Ocean Buoy Reports: North Nomad, Middle Nomad, West Dixon Entrance, West Moresby, South Moresby. All Notices to Shipping.	
Continuous	D,E,I,K,R,T,V	Technical marine synopsis and marine forecast areas 1, 5, 6, 7, 8, 13, 14. Wave height forecast areas 1, 5, 6, 7, 14. Extended marine forecast areas 1, 5, 6, 7, 8, 13, 14. Automated Weather Reports: Cape St. James, Herbert Island, Sartine Island, Solander Island, Sheringham Point, Race Rocks, Discovery Island. Ocean Buoy Reports: West Sea Otter, East Dellwood, South Brooks, La Perouse, South Moresby. Local and Lighthouse Weather Reports: Trial Island, Carmanah Point, Pachena Point, Cape Beale, Lennard Island, Estevan Point, Nootka, Quatsino, Cape Scott, Pine Island, Egg Island, McInnes Island. All Notices to Shipping. Notices to Fish Harvesters – Weekly Shellfish Updates (every Tuesday at 13:15 PST).	
Continuous	F-H, J, L-Q, S,U	Technical marine synopsis and marine forecast areas 2, 3, 4, 5, 13, 14, 15, 16, 17. Wave height forecast areas 2, 3, 4, 5, 14, 15, 16. Extended marine forecast areas 2, 3, 4, 5, 13, 14, 15, 16, 17. Automated Weather Reports: Grey Islet, Lucy Island, Holland Rock, Bonilla Island, Rose Spit, Kindakun Rock, Prince Rupert, Langara Island, Sandspit, Cumshewa Island, Cape St. James, Cathedral Point, Sartine Island, Herbert Island. Ocean Buoy Reports: North Nomad, Middle Nomad, West Dixon Entrance, Central Dixon Entrance, North Hecate Strait, South Hecate Strait, West Moresby, South Moresby, Nanakwa Shoal, West Sea Otter, East Dellwood. Lighthouse Weather Reports: Green Island, Triple Island, Bonilla Island, Langara Island, Boat Bluff, McInnes Island, Ivory Island, Dryat Point, Addenbroke Island, Egg Island, Cape Scott, Pine Island. All Notices to Shipping. Notices to Fish Harvesters – Weekly Shellfish Updates (every Tuesday at 11:15 PST).	

CANADA

NOTE: Continuous broadcast information is available by tel. from prince Rupert +1 250 624 9009.

CANADA**Québec, Québec (MCTS)****Position:** 47°45'35"N 069°36'19"W**Call Sign:** VCC**METAREA:** IV**Area Covered:** Arctic coast, Atlantic Coast and S. Lawrence River

24-hour watch

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
VHF	A	Ch 21B		Lauzon	46°48'N 71°09'W	
VHF	B	Ch 21B		Mont Saint-Bruno	45°33'N 73°19'W	
VHF	C	Ch 21B		Rivière-du-Loup	47°45'N 69°36'W	
VHF	D	Ch 25B		Mont Rigaud	45°27'N 74°17'W	
VHF	E	Ch 25B		Sorel	46°02'N 73°07'W	
VHF	F	Ch 83B		L'Acadie	45°19'N 73°18'W	
VHF	G	Ch 83B		Montmagny	46°55'N 70°30'W	
VHF	H	Ch 83B		Rivière-du-Loup	47°45'N 69°36'W	
VHF	I	Ch 83B		Trois-Rivières	46°24'N 72°27'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
Continuous	F	<p>Technical marine synopsis and forecasts for areas 303*, 305, 306, 307, 308, 309 and 314.</p> <p>Notices to Shipping for the region: from a line Les Escoumins -Trois-Pistoles to Cornwall (Ontario), including the Ottawa River, Lac des Deux-Montagnes between buoy H331 (Papineauville) and Ste-Anne de Bellevue, Lake St-François, Lake St-Louis, Rivière des Milles-Îles, Rivière des Prairies and Rivière Richelieu up to U.S. boundaries including Missisquoi Bay.</p> <p>Water level for Montréal, Sorel, Trois-Rivières, Pointe Claire*, Ste Anne de Bellevue*.</p> <p>Ice information.</p> <p>Seaway message.</p>	
Continuous	E	<p>Technical marine synopsis and forecasts for areas 303*, 305, 306, 307, 308, 309 and 314.</p> <p>Notices to Shipping for the region: from a line Les Escoumins -Trois-Pistoles to Cornwall (Ontario), including the Ottawa River, Lac des Deux-Montagnes between buoy H331 (Papineauville) and Ste-Anne de Bellevue, Lake St-François, Lake St-Louis, Rivière des Milles-Îles, Rivière des Prairies and Rivière Richelieu up to U.S. boundaries including Missisquoi Bay.</p> <p>Water level for Montréal, Sorel, Trois-Rivières, Pointe Claire*, Ste Anne de Bellevue*.</p> <p>Ice information.</p> <p>Seaway message.</p>	
Continuous	B,D	<p>Ice information.</p> <p>Seaway message.</p> <p>Notices to Shipping for the region: from a line Les Escoumins -Trois-Pistoles to Cornwall (Ontario), including the Ottawa River, Lac des Deux-Montagnes between buoy H331 (Papineauville) and Ste-Anne de Bellevue, Lake St-François, Lake St-Louis, Rivière des Milles-Îles, Rivière des Prairies and Rivière Richelieu up to U.S. boundaries including Missisquoi Bay. Water level for Montréal, Sorel, Trois-Rivières, Pointe Claire*, Ste Anne de Bellevue*.</p> <p>Ice information.</p> <p>Seaway message.</p>	
Continuous	A,C G,I	<p>Technical marine synopsis and forecasts for areas 303*, 305, 306, 307, 308, 309 and 314.</p> <p>Notices to Shipping for the region: from a line Les Escoumins -Trois-Pistoles to Cornwall (Ontario), including the Ottawa River, Lac des Deux-Montagnes between buoy H331 (Papineauville) and Ste-Anne de Bellevue, Lake St-François, Lake St-Louis, Rivière des Milles-Îles, Rivière des Prairies and Rivière Richelieu up to U.S. boundaries including Missisquoi Bay. Water level for Montréal, Sorel, Trois-Rivières, Pointe Claire*, Ste Anne de Bellevue*.</p> <p>Ice information.</p> <p>Seaway message.</p>	

NOTE:
 MAFOR Code available upon request
 *From May 1st to October 31st.

CANADA**Sarnia, Ontario (MCTS)****Position:** 45°33'53"N 080°19'02"W**Call Sign:** VBE**METAREA:** IV**Area Covered:** Great Lakes

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
VHF	A	Ch 21B		Camlachie	43°01'N 082°11'W	
VHF	B	Ch 21B		Horn	48°49'N 087°21'W	
VHF	C	Ch 21B		Killarney	45°58'N 081°29'W	
VHF	D	Ch 21B		Pointe au Baril	45°34'N 080°19'W	
VHF	E	Ch 21B		Port Burwell	42°35'N 080°36'W	
VHF	F	Ch 21B		Sault Ste. Marie	46°32'N 084°35'W	
VHF	G	Ch 21B		Tobermory	45°09'N 081°29'W	
VHF	H	Ch 83B		Bald Head	47°39'N 084°47'W	
VHF	I	Ch 83B		Kincardine	44°07'N 081°41'W	
VHF	J	Ch 83B		Leamington	42°04'N 082°40'W	
VHF	K	Ch 83B		Meaford	44°31'N 080°34'W	
VHF	L	Ch 83B		Silver Water (Manitoulin Island)	45°54'N 082°55'W	
VHF	M	Ch 83B		Thunder Bay	48°26'N 089°18'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
Continuous (CMB East)	C,D,G K,L	Weather warnings/watches, marine weather statements, technical marine synopsis, regular marine forecasts, extended marine forecast and wave height forecast and for Lakes Superior, Huron, St Clair and Erie, and Georgian Bay. Recreational boating forecast for the North Channel. Notices to Shipping for Lake Huron north of latitude 44 00N, Georgian Bay (including Port Severn Lock), the North Channel and the St. Mary's River. Water levels for Lakes Superior and Huron. Ice forecast for Lakes Superior and Huron.	
Continuous (CMB North)	A,I	Weather warnings/watches, marine weather statements, technical marine synopsis, regular marine forecasts, extended marine forecast and wave height forecast and for Lakes Superior, Huron, St Clair and Erie, and Georgian Bay. Notices to Shipping for Lake Huron South of 45 10N, St. Clair River, Lake St. Clair and Detroit River. Water levels for Lake Huron, Lake St. Clair and Lake Erie. Ice forecast for Lake Huron, Lake St. Clair and Lake Erie.	
Continuous (CMB South)	E,J	Weather warnings/watches, marine weather statements, technical marine synopsis, regular marine forecasts, extended marine forecast and wave height forecast and for Lakes Superior, Huron, St Clair and Erie, and Georgian Bay. Notices to Shipping in St. Clair River, Lake St. Clair, Detroit River and Lake Erie West of 79 40W. Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel. Water levels for Lake Huron, Lake St. Clair and Lake Erie. Ice forecast for Lake Huron, Lake St. Clair and Lake Erie.	
Continuous (CMB West)	B,F H,M	Weather warning/watches, marine weather statements, technical, Marine synopsis, regular marine forecasts, extended marine forecast and wave height forecast and for Lakes Superior, Huron, St Clair and Erie and Georgian Bay. Notices for Shipping for Lake Superior and the St. Mary's River. Water levels for Lakes Superior and Huron. Ice forecast for Lakes Superior and Huron.	

NOTE: MAFOR Code available upon request.

CANADA**Sydney, Nova Scotia (MCTS)****Position:** 46°11'14"N 059°53'59"W**Call Sign:** VCO**METAREA:** IV**Area Covered:** North Atlantic to Barents Sea
Arctic coast, Atlantic Coast and S. Lawrence River

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
RT (MF)	A	2 749 kHz		Port Caledonia	46°11'N 59°54'W	
VHF	B	Ch 21B		Montague	46°11'N 62°39'W	
VHF	C	Ch 21B		Point Escuminac NB	47°04'N 64°48'W	
VHF	D	Ch 21B		Port Caledonia	46°11'N 59°54'W	
VHF	E	Ch 83B		Cape Egmont	46°24'N 64°08'W	
VHF	F	Ch 83B		Cape North	47°00'N 60°25'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
00:40	A	Technical marine synopsis and forecasts for marine areas 209, 213, 214, 215, 216, 217, 218, 231 and 232. Wave height forecast for marine areas 209, 213, 214, 215 and 217. •Notices to Shipping in areas Cape Breton Shore (covering Cabot Strait to Banquereau Bank), Gulf of St. Lawrence, Newfoundland South Coast, P.E.I. and Miramichi Bay. •Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel.	
07:40	A	•Technical marine synopsis and forecasts for marine areas 209, 213, 214, 215, 216, 217, 218, 231 and 232. •Wave height forecast for marine areas 209, 213, 214, 215 and 217. •Notices to Fish Harvesters (when available).	
14:40	A	Technical marine synopsis and forecasts for marine areas 209, 213, 214, 215, 216, 217, 218, 231 and 232. Wave height forecast for marine areas 209, 213, 214, 215 and 217. •Notices to Shipping in areas Cape Breton Shore (covering Cabot Strait to Banquereau Bank), Gulf of St. Lawrence, Newfoundland South Coast, P.E.I. and Miramichi Bay. •Notice to Shipping revising the position of every reported offshore exploration and exploitation vessel.	
20:10	A	•Technical marine synopsis and forecasts for marine areas 209, 213, 214, 215, 216, 217, 218, 231 and 232. •Wave height forecast for marine areas 209, 213, 214, 215 and 217. •Notices to Fish Harvesters (when available).	
Continuous	B,C,D E,F	Technical marine synopsis and forecasts for marine areas 209, 213, 214, 215, 216, 217, 218, 231 and 232. Wave height forecast for marine areas 209, 213, 214, 215 and 217. Notices to Shipping in areas Cape Breton Shore (covering Cabot Strait to Banquereau Bank), Gulf of St. Lawrence, Newfoundland South Coast, P.E.I. and Miramichi Bay. Notices to Shipping revising the position of every reported offshore exploration and exploitation vessel. •Notices to Fish Harvesters (when available). •Ice forecasts for P.E.I. fish harvesters.	

CANADA**Victoria, British Columbia (MCTS)****Position:** 49°11'35"N 122°55'09"W**Call Sign:** VAK**METAREA:** XII**Area Covered:** East/South China Sea

Watch hours on Ch70

Mode Of Transmission	ID	Frequency	Area	Remote Transmitting Site	Position	Hours of Operation
VHF	A	Ch 21B		Cape Lazo	49°42'N 124°51'W	
VHF	B	Ch 21B		Discovery Mountain	50°19'N 125°22'W	
VHF	C	Ch 21B		Mount Parke	48°50'N 123°17'W	
VHF	D	Ch 21B		Watts Point (Howe Sound)	49°39'N 123°12'W	
VHF	E	WX1		Alert Bay	50°35'N 126°55'W	
VHF	F	WX1		Texada Island	49°41'N 124°26'W	
VHF	G	WX1		Watts Point (Howe Sound)	49°39'N 123°12'W	
VHF	H	WX3		Bowen Island	49°20'N 123°23'W	
VHF	I	WX3		Mount Helmcken	48°24'N 123°34'W	
VHF	J	WX3		Port Hardy	50°41'N 127°42'W	

CANADA

Broadcast Times	Frequency ID	Contents of Broadcast	Language/Code Form
0710	C,G-I	All Notices to Shipping. Notices to Fish Harvesters. Weekly shellfish update (every Tuesday).	
0720	A,B E,F,J	All Notices to Shipping. Notices to Fish Harvesters. Weekly shellfish update (every Tuesday).	
1310	C,G-I	All Notices to Shipping. Notices to Fish Harvesters.	
1320	A,B E,F,J	All Notices to Shipping. Notices to Fish Harvesters.	
2020	A,B E,F,J	All Notices to Shipping. Notices to Fish Harvesters.	
2110	C,G-I	All Notices to Shipping. Notices to Fish Harvesters.	
Continuous (Interrupted during live broadcasts)	I	Safety Notices to Shipping only. Technical marine synopsis and marine forecast areas 7, 8, 9, 10, 11. Wave height forecast area 7. Extended marine forecast areas 7, 8, 9, 10, 11. Automated Weather Reports: Sheringham Point, Race Rocks, Victoria/Gonzales Point, Discovery Island, Kelp Reef, Saturna Island, Sandheads. Ocean Buoy Report: La Perouse Bank. Local Lighthouse Weather Reports: Estevan Point, Lennard Island, Amphitrite Point, Cape Beale, Pachena Point, Carmanah Point, Trial Island. Automated Weather Reports for Juan de Fuca Strait: Cape Flattery, "JA" Buoy, Hein Bank, Smith Island, Ogden Point.	
Continuous (Interrupted during live broadcasts)	C,G,H	Safety Notices to Shipping only. Technical marine synopsis and marine forecast areas 8, 9, 10, 11. Extended marine forecast areas 7, 8, 9, 10, 11. Automated Weather Reports: Sheringham Point, Race Rocks, Victoria/Gonzales Point, Discovery Island, Kelp Reef, Saturna Island, Sandheads, Point Atkinson, Pam Rocks, Entrance Island, Ballenas Island, Sisters Islet. Ocean Buoy Report: Halibut Bank. Lighthouse Weather Reports: Chrome Island, Merry Island, Entrance Island, Trial Island. Local Weather Reports: Tsawwassen. Fraser River Salmon Fishery Information.	
Continuous Mid-Island (Interrupted during live broadcasts)	A,B F	Safety Notices to Shipping only. Technical marine synopsis and marine forecast areas 11, 12, 13. Extended marine forecast areas 11, 12, 13. Automated Weather Reports: Fanny Island, Grief Point, Sisters Islet, Ballenas Island, Entrance Island. Ocean Buoy Reports: Sentry Shoal, Halibut Bank. Local and Lighthouse Weather Reports: Chatham Point, Cape Mudge, Cape Lazo, Chrome Island, Merry Island, Entrance Island.	

CANADA

Continuous North Island
(Interrupted during live broadcasts)

E,J

Safety Notices to Shipping only.

Technical marine synopsis and marine forecast areas 5, 6, 11, 12, 13, 14.

Wave height forecast areas 5, 6, 14.

Extended marine forecast areas 5, 6, 11, 12, 13, 14.

Automated Weather Reports: Fanny Island, Herbert Island, Cape St. James, Sartine Island, Solander Island.

Ocean Buoy Reports: South Hecate Strait, South Moresby, East Dellwood, West Sea Otter, South Brooks.

Lighthouse Weather Reports: McInnes Island, Addenbroke Island, Egg Island, Pine Island, Scarlett Point, Pulteney Point, Chatham Point, Cape Scott, Quatsino.